

# How to Use Nose Drops

(Having someone else place the nose drops may make this procedure easier.)

1

Blow your nose gently.



2

Wash your hands thoroughly with soap and water.



3

Check the dropper tip to make sure that it is not chipped or cracked.

4

Avoid touching the dropper tip against your clean nose.

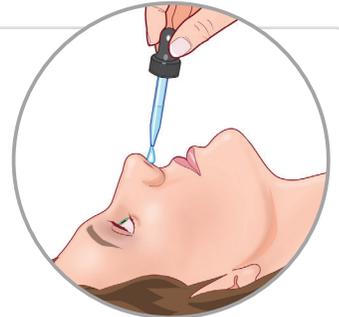
5

Tilt your head as far back as possible, or lie down on your back on a flat surface (such as a bed) and hang your head over the edge.



6

Place the correct number of drops into your nose.



7

Remain in this position for a few minutes.

# How to Use Nose Drops *(continued)*

8

Clean the dropper tip with warm water.  
Cap the bottle right away.

9

Wash your hands  
to remove any  
medication.



## Remember

- Follow directions carefully
- Do not miss doses
- Use nose drops only as long as directed
- Store medications out of reach of children